

RUGBY SWIMMING CLUB

Affiliated to ASA West Midland Region & Warwickshire ASA

Email: <u>secretary@rugbyswimmingclub.co.uk</u> Website: www.rugbyswimmingclub.co.uk

Welcome to Rugby Swimming Club which was founded in 1971.

Rugby Swimming Club has three sections, a Pre-competitive section (Development), Speed Section and Masters Section governed by the ASA ("Amateur Swimming Association") of governing body.

Rugby Swimming Club Fees (please also see further information enclosed)

The monthly fees cover the pool hire and coaching fees. When joining the club, you will be allocated a squad. Each squad has set weekly training times and fees as follows:

- Development 1 £22 1 hour
- Development 2 £30 2 hours
- Junior \pounds 35 4 $\frac{1}{2}$ hours plus 1 hour land training
- Age group $\pounds 46 = 8 \frac{1}{2}$ hours plus 1 hour land training
- Senior 1 $\pounds 55$ 10 $\frac{1}{2}$ hours plus 1 hour land training
- Senior 2 $\pounds 40$ 6 $\frac{1}{2}$ hours plus 1 hour land training
- Club swimmer $\pounds 32$ $2\frac{1}{2}$ hours

There is also an Annual Fee of ± 50 to cover your ASA insurance, club membership fee and ASA membership fee. This will ensure you are insured to swim and cover you for ASA competitive categories.

Rugby Swimming Club Membership

The information provided on the completed forms will be used solely for the purposes of processing your application and corresponding with you as a member.

Please ensure you include a current email address, telephone numbers, emergency contact numbers and notify us of any pre-existing medical conditions.

Amateur Swimming Association (ASA) Membership

Membership of the ASA is mandatory for all swimmers. Membership of the ASA covers Personal Accident Insurance as well as various other membership benefits which can be found on the ASA website <u>www.swimming.org</u> Here you can also find times for your swimmer using your surname or ASA No. for any open meets at which they may compete.



Supporting our Athletes with GBR Coaches and Olympians since 2000







Session Times

Development 1	Tuesday	18:00 - 19:00	Rugby School
Development 2	Tuesday	18:00 - 19:00	Rugby School
	Wednesday	18:00 - 19:00	Rugby School
Juniors	Wednesday	18:00 - 19:30	Rugby School
	Thursday	18:00 - 19:00	Rugby School
	Saturday	07.45 - 08.45	QDJC Land Training
	Sunday	17:00 - 19:00	QDJC
Age Group	Monday	19:00 - 21:00	QDJC
	Wednesday	18:00 - 19:30	Rugby School
	Thursday	18:00 - 20:00	Rugby School
	Saturday	06.30 - 07.30	QDJC
	Saturday	07.45 - 08.45	QDJC Land Training
	Sunday	17:00 - 19:00	QDJC
Senior 1	Monday	19:00 - 21:00	QDJC
	Wednesday	06:30 - 07:30	QDJC
	Wednesday	18:00 - 19:30	Rugby School
	Thursday	18:00 - 20:00	Rugby School
	Friday	19:30 - 20:30	Bilton Grange
	Saturday	06.30 - 07.30	QDJC Land Training
	Saturday	07.45 - 08.45	QDJC
	Sunday	17:00 - 19:00	QDJC
Senior 2	Monday	19:00 - 21:00	QDJC
	Wednesday	19:30 - 21:00	Rugby School
	Saturday	06.30 - 07.30	QDJC
	Saturday	07.45 - 08.45	QDJC Land Training
	Sunday	17:00 - 19:00	QDJC
Club 12 Plus	Wednesday	19:30 - 21:00	Rugby School
	Thursday	19:00 - 20:00	Rugby School

<u>News</u>

All upcoming events, competitions and results are available on our website and will be emailed out. Please ensure you check the website and your emails on a regular basis. If you have any concerns you may not be receiving the emails please contact Nicky @ membership@rugbyswimmingclub.co.uk to advise.



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January 2017



<u>Key contacts</u> Chairperson: Treasurer: Secretary: Membership Secretary: Head Coach:

Simon Rigg Rachel Cutler Nicky Jones Nicky Jones James Dyer chairman@rugbyswimmingclub.co.uk treasurer@rugbyswimmingclub.co.uk secretary@rugbyswimmingclub.co.uk membership@rugbyswimmingclub.co.uk headcoach@rugbyswimmingclub.co.uk

Actions required

- 1. Please complete the following forms signed by the swimmer or parent/guardian and return via email to <u>membership@rugbyswimmingclub.co.uk</u>
 - RSC Membership
 - Code of Conduct
 - Medical Information
 - Consent to Walk Home (if necessary)
- 2. Set up the standing order using the bank details below, detailing the swimmers FULL name. Please ensure your standing order mandate is set up to come out on 1st of the next month (payable to Rugby Swimming Club).

Rugby Swimming Club	
Sort Code	20-73-48
Account Number	93146464

- 3. Include payment of ± 50 (annual fee) along with your first monthly payment.
- 4. Return the documentation to Nicky Jones via email @ <u>membership@rugbyswimmingclub.co.uk</u>
- 5. If in the unfortunate event you decide to leave the club please inform us by emailing Nicky Jones via email @ membership@rugbyswimmingclub.co.uk
- 6. If you have any queries please do not hesitate to ask!

We wish you a happy and successful time with Rugby Swimming Club!





